

conscientious care

Dr. Wilfred Brown is the personification of his practice—genuine, warm and proper. “We try to maintain a low-key, relaxed environment where patients can feel comfortable making important decisions about their appearances,” he says of his supportive, compassionate approach to plastic surgery.



BOARD CERTIFICATION
American Board of Plastic Surgery
American Board of Surgery

MEDICAL DEGREE
Witwatersrand, Johannesburg, South Africa

INTERNSHIP
Johannesburg General Hospital, South Africa

GENERAL SURGERY RESIDENCY
Yale University, St. Mary's Hospital

PLASTIC SURGERY FELLOWSHIP
Pennsylvania State University

AFFILIATIONS
American Society for Aesthetic Plastic Surgery
American Society of Plastic Surgeons
American College of Surgeons
Northeastern Society of Plastic Surgeons
Connecticut Society of Plastic and Reconstructive Surgeons
New York Regional Society of Plastic Surgeons

AREAS OF EXPERTISE
Facelift/Eye Rejuvenation
Abdominoplasty/Body Contouring
Breast Surgery
Rhinoplasty
Aesthetic Injectables

Dr. Brown's busy solo practice offers an all-encompassing cornucopia of cosmetic face, breast and body procedures, complemented by his "nurturing, knowledgeable" staff who help make the experience as pleasant and comfortable as possible. Dr. Brown's approach to plastic surgery can be summed up in one word: natural. He contends that people don't want to look "different," but "rejuvenated," and he upholds that conservative philosophy during all of his procedures, both surgical and noninvasive. "There is a very fine line between what is just enough and what is overdone. That is the art behind the science that continues to drive me."

Aside from refined surgical judgment, Dr. Brown believes that communication is paramount. Patients are treated to comprehensive consultations so Dr. Brown can gain a precise appreciation for patients' aesthetic goals, medical needs and cosmetic concerns. Computer imaging and conversations with staff members who have undergone cosmetic surgery help enlighten patients and provide further clarity into the process. With safety as his underlying, primary concern, Dr. Brown seeks to make sure his patients receive the highest levels of care. "We take surgery seriously here. We are very thorough preoperatively, perform surgery in an accredited facility and use only board-certified anesthesiologists. The patient is never compromised." Outside of surgery, the same, high regard for patient care is upheld. Aftercare, provided by one of Dr. Brown's nurses, is available for both out-of-town patients and for those who desire private, one-on-one attention postoperatively. Additionally, a full-service medi-spa, adjacent to the practice, offers evening and Saturday appointments, catering to those with busy schedules, such as parents and professionals.

LOCATION
Middlebury, Connecticut
203.758.2564

WEB SITE
www.drwilfredbrown.com

DR. WILFRED BROWN

WHY DID YOU BECOME A PLASTIC SURGEON

I am very artistic, and plastic surgery allows me to express myself

WHAT ONE WORD BEST DESCRIBES YOUR BEDSIDE MANNER

Composed

HOBBIES

Photography and running

FRAMED PHOTOS ON YOUR DESK

My six children

I START EACH DAY

With a run in the morning

I WOULD LOVE TO OWN

A vineyard

ANTI AGING ADVICE

Use moderation

I WOULD LIKE TO BE REMEMBERED AS

Having led my children by example

PROPORTIONATE, HARMONIOUS RESULTS

Dr. Brown's sense of proportion and natural results is particularly evident in his facial rejuvenation procedures. "My patients don't look operated on, but rather **REFRESHED** and **AGE-APPROPRIATE**. My objective isn't to take decades off but to achieve **SOFT-LOOKING, BALANCED RESULTS** that accentuate natural beauty." His approach to facial rejuvenation is comprehensive and includes **MINIMAL INCISIONS** that help to rejuvenate the midface, neck and jaw. He insists that less invasive surgery does not necessarily mean less dramatic outcomes. "I have refined my techniques to provide patients with natural, durable results that effectively address individual concerns." Dr. Brown's emphasis is on **TOTAL FACIAL REJUVENATION**, addressing the aging face as a whole, considering how each feature contributes to an aged appearance. "Most patients don't need extensive correction in every area, but we want to be sure the surgical plan strikes the right individual combination of techniques for every patient. Lids, forehead, brows, cheek, jaw and neck must all be assessed if the final result is to be balanced." What is Dr. Brown's definition of success? "It's what my patients don't hear. Not, "What have you had done?", but more along the lines of "Wow, you're looking great."